

March 2020

Williamsburg Senior Center 423 West Second Street Williamsburg

Jamie Houck, Center Coordinator: 814-832-3625

Open: Monday through Friday from 9 a.m. - 2 p.m

Mon	Tue	Wed	Thu	Fri
<p>2 8:30 a.m. Body Toning 11:00 a.m. Hangman 12:00 p.m. Blood Pressure Screenings 12:15 p.m. Craft</p>	<p>3 8:30 a.m. Zumba Gold 10:30 a.m. Left-Center-Right 12:00 p.m. Sudoku Puzzles</p>	<p>4 8:30 a.m. Body Toning 9:30 a.m. Word Search Puzzles 11:15 a.m. Devotions 12:00 p.m. Uno 5:00 p.m. Supper at Williamsburg OIP. Sign up by 3/2/20.</p>	<p>5 8:30 a.m. Zumba Gold 10:30 a.m. Kings in the Corner 12:00 p.m. Grocery Bingo</p>	<p>6 8:30 a.m. Body Toning 9:00 a.m. Breakfast at OIP 10:45 a.m. 10 Warning Signs of Dementia 12:00 p.m. Bunco</p>
<p>9 8:30 a.m. Body Toning 10:45 a.m. Dreams Go On Presentation 12:00 p.m. Healthy Snacks Bingo</p>	<p>10 8:30 a.m. Zumba Gold 10:30 a.m. Left-Center-Right 12:00 p.m. Sudoku Puzzles</p>	<p>11 8:30 a.m. Body Toning 9:30 a.m. Word Search Puzzles 10:30 a.m. Back Porch Music by Dick McConnell 12:00 p.m. Make & Take a Greeting Card with Angie</p>	<p>12 8:30 a.m. Zumba Gold 10:30 a.m. Kings in the Corner 12:00 p.m. Nickel Bingo</p>	<p>13 8:30 a.m. Body Toning 9:00 a.m. Breakfast at OIP 10:45 a.m. Musical Entertainment by Zoey Wilt 12:00 p.m. Bunco</p>
<p>16 8:30 a.m. Body Toning 11:00 a.m. Hangman 12:00 p.m. Visit with Lady, the Therapy Dog</p>	<p>17 8:30 a.m. Zumba Gold 10:30 a.m. Left-Center-Right 12:00 p.m. Sudoku Puzzles 12:00 p.m. Shamrock Floats</p> <p></p>	<p>18 8:30 a.m. Body Toning 9:30 a.m. Word Search Puzzles 10:30 a.m. Blood Pressure Screenings 10:45 a.m. Health Presentation 11:15 a.m. Devotions 12:00 p.m. Yahtzee</p>	<p>19 8:30 a.m. Zumba Gold 10:30 a.m. Kings in the Corner 12:00 p.m. Nickel Bingo 2:00p.m. Senior Bowling at Morrison's Cove Memorial Park</p>	<p>20 8:30 a.m. Body Toning 9:00 a.m. Breakfast at OIP 10:15 a.m. Christian Music Sing Along 12:00 p.m. Bunco</p> <p></p>

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Mon	Tue	Wed	Thu	Fri
23 8:30 a.m. Body Toning 11:00 a.m. Hangman 12:00 p.m. Kidney Education 12:15 p.m. Grocery Bingo	24 8:30 a.m. Zumba Gold 10:30 a.m. Left-Center-Right 12:00 p.m. Sudoku Puzzles Commodity Box Pick Up	25 8:30 a.m. Body Toning 9:30 a.m. Word Search Puzzles 10:30 a.m. Easter Craft with Wendy 12:00 p.m. March Birthday Celebration	26 8:30 a.m. Zumba Gold 10:30 a.m. Kings in the Corner 12:00 p.m. Nickel Bingo Commodity Box Pick Up	27 8:30 a.m. Body Toning 9:00 a.m. Breakfast at OIP 10:45 a.m. Heart Health Presentation 12:00 p.m. Bunco
30 8:30 a.m. Body Toning 10:30 a.m. Music By The Almost Wisemen 12:00 p.m. HOY Bingo	31 8:30 a.m. Zumba Gold 10:30 a.m. Left-Center-Right 12:00 p.m. Sudoku Puzzles	<u>Daily Activities</u> <u>Include:</u> Puzzles Wii Games Adult Coloring		



For Transportation, please call 814-695-3500.

To RSVP for a meal, please contact the Senior Center by 1 p.m. one day in advance.

