

April 2025

Northern Blair Senior Center, 505 3rd St., Tyrone

Tina Fultz, Center Coordinator: 814-684-7853

Open: Monday through Friday from 8:30 a.m. - 3:00 p.m.

Mon

Tue

Wed

Thu

Fri

1
9:30 a.m. **Flavored Coffee Social**
10:00 a.m. Line Dancing Class
10:30 a.m. Craft Activity
11:30 a.m. Get Up and Dance
Stretch Brea

2
9:00 a.m. Balance Strength and Tone
11:00 a.m. Pinochle
11:00 a.m. **Diamond Dot Social**
11:30 a.m. Get Up and Dance
Stretch Break
12:00 p.m. Mahjong / Learn Mahjong
12:30 p.m. Pinochle

3
9:30 a.m. **Flavored Coffee Social**
9:30 a.m. Senior Chair Yoga
11:00 a.m. **Eric Armstrong Concert**
11:30 a.m. Get Up and Dance
Stretch Break
12:30 p.m. **Seed Starting and Timing for your Vegetable Garden Presentation**

4
9:00 a.m. Balance Strength and Tone
11:00 a.m. Pinochle
11:30 a.m. Get up and Dance
Stretch Break
12:30 p.m. Brain Games

7
9:00 a.m. Balance Strength and Tone
10:00 a.m. Senior Chair Yoga
11:00 a.m. Pinochle
11:30 a.m. Get Up and Dance
Stretch Break
12:30 p.m. Pinochle

8
10:00 a.m. **Donut Social and Flavored Coffee Social**
10:00 a.m. Line Dancing Class
10:30 a.m. Craft Activity
11:30 a.m. Get Up and Dance
Stretch Break
12:30 p.m. Quarter Bingo

9
9:00 a.m. Balance Strength and Tone
11:00 a.m. Pinochle
11:30 a.m. Get Up and Dance
Stretch Break
12:00 p.m. Mahjong / Learn Mahjong
12:30 p.m. Pinochle

10
9:30 a.m. **Flavored Coffee Social**
9:30 a.m. Senior Chair Yoga
11:30 a.m. Get Up and Dance
Stretch Break
11:30 a.m. **Staying Socially Connected: Health Benefits of being Socially Connected**
12:30 p.m. **Phil McCaulley in Concert**

11
9:00 a.m. Balance Strength and Tone
11:00 a.m. Pinochle
11:30 a.m. Get up and Dance
Stretch Break
12:30 p.m. Brain Games

14
9:00 a.m. Balance Strength and Tone
10:00 a.m. Senior Chair Yoga
10:30 a.m. **Kip Woodring in Concert**
11:00 a.m. Pinochle
11:30 a.m. Get Up and Dance
Stretch Break
12:30 p.m. Pinochle

15
9:30 a.m. **Flavored Coffee Social**
10:00 a.m. Line Dancing Class
10:30 a.m. Craft Activity
11:30 a.m. **Blood Pressure Screenings**
11:30 a.m. Get Up and Dance
Stretch Break

16
9:00 a.m. Balance Strength and Tone
11:00 a.m. Pinochle
11:30 a.m. Get Up and Dance
Stretch Break
12:00 p.m. Mahjong / Learn Mahjong
12:30 p.m. Bingo
12:30 p.m. Pinochle

17
9:30 a.m. **Flavored Coffee Social**
9:30 a.m. Senior Chair Yoga
10:30 a.m. **Country Cool Concert**
11:30 a.m. Get Up and Dance
Stretch Break
12:30 p.m. **Health Presentation**

18
Center Closed





April 2025

Northern Blair Senior Center, 505 3rd St., Tyrone

Tina Fultz, Center Coordinator: 814-684-7853

Open: Monday through Friday from 8:30 a.m. - 3:00p.m.



Happy Easter

Mon	Tue	Wed	Thu	Fri
<p>21 9:00 a.m. Balance Strength and Tone 10:00 a.m. Senior Chair Yoga 11:00 a.m. Pinochle 11:30 a.m. Get Up and Dance Stretch Break</p> <p>NATIONAL VOLUNTEER WEEK</p>	<p>22 9:30 a.m. Flavored Coffee Social 10:00 a.m. Line Dancing Class 10:30 a.m. Craft Activity 11:30 a.m. Get Up and Dance Stretch Break 11:30 a.m. Blood Pressure Screenings 12:30 p.m. National Jelly Bean Day Jelly Bean Sampling Social</p>	<p>23 9:00 a.m. Balance Strength and Tone 11:00 a.m. Pinochle 11:30 a.m. Get Up and Dance Stretch Break 12:00 p.m. Mahjong / Learn Mahjong 12:30 p.m. Pinochle 1:00 a.m. Music Trivia</p>	<p>24 9:30 a.m. Flavored Coffee Social 9:30 a.m. Senior Chair Yoga 11:00 a.m. Concert with Joe Crispell 11:30 a.m. Get Up and Dance Stretch Break 12:30 p.m. Volunteer Recognition</p> <p>Volunteer Recognition Day</p>	<p>25 9:00 a.m. Balance Strength and Tone 11:00 a.m. Pinochle 11:30 a.m. Get up and Dance Stretch Break 12:30 p.m. Beaver Awareness Month Presentation - Busy Beavers</p>
<p>28 9:00 a.m. Balance Strength and Tone 10:00 a.m. Senior Chair Yoga 11:00 a.m. Pinochle 11:30 a.m. Get Up and Dance Stretch Break 12:30 p.m. Pinochle 12:30 p.m. April Birthday Party</p>	<p>29 9:30 a.m. Flavored Coffee Social 10:00 a.m. Line Dancing Class 10:30 a.m. Craft Activity 11:00 a.m. International Dance Day Dance Marathon with Music by DJ Tina 11:30 a.m. Get Up and Dance Stretch Break</p>	<p>30 9:00 a.m. Balance Strength and Tone 11:00 a.m. Pinochle 11:00 a.m. Karaoke Sing-A-Long 11:30 a.m. Get Up and Dance Stretch Break 12:00 p.m. Mahjong / Learn Mahjong 12:30 p.m. Pinochle</p>		



For Transportation, please call 814-695-3500.
To RSVP for a meal, please contact the Senior Center by 1 p.m. one day in advance.

