

# June 2025 Menus

Milk and beverages served daily.

Meals Prepared by: Blair Senior Services, Inc.  
Registered Dietician: Teri Henry, RDN, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>Beef Stew Biscuit French Cut Green Beans Golden Fruit Parfait Oatmeal Raisin Cookie</p>	<p><b>3</b></p> <p>Vegetable Quiche Tater Tots French Cut Green Beans Mixed Berry Blend</p>	<p><b>4</b></p> <p>Baked Fish Macaroni &amp; Cheese Stewed Tomatoes Mandarin Oranges Whole Wheat Dinner Roll</p>	<p><b>5</b></p> <p>Baked Ham Mashed Sweet Potatoes Steamed Broccoli Florets Diced Peaches Chocolate Cake with Whipped Topping</p>	<p><b>6</b></p> <p>Chicken Parmesan Shell Pasta with Marinara Sauce Italian Blend Vegetables Applesauce Italian Bread</p>
<p><b>9</b></p> <p>Meatloaf with Gravy Mashed Potatoes Roasted Parmesan Cauliflower Fruit Cocktail Whole Wheat Dinner Roll</p>	<p><b>10</b></p> <p>Chef Salad with Ranch Dressing Diced Peaches Whole Wheat Dinner Roll</p>	<p><b>11</b></p> <p>BBQ Rib Sandwich Corn Monte Carlo Vegetables Strawberry Mousse</p>	<p><b>12</b></p> <p>Chicken Cacciatore Rotini Pasta with Marinara Sauce Italian Blend Vegetables Mandarin Oranges Chocolate Pudding</p>	<p><b>13</b></p> <p>Breaded Fish Filet French Fries Steamed Broccoli Florets Oatmeal Cookie Pears in Cherry Gelatin</p>
<p><b>16</b></p> <p>Italian Sausage Sandwich with Peppers &amp; Onions Potato Broccoli Soup with Crackers Mixed Berry Blend Sugar Cookie</p>	<p><b>17</b></p> <p>Roast Pork with Gravy Mashed Potatoes Sauerkraut Apple Juice Vanilla Pudding</p>	<p><b>18</b></p> <p>Chicken Tenders with BBQ Dipping Sauce Potato Salad Watermelon Cubes Ice Cream Cup</p>	<p><b>19</b></p> <p>Swiss Steak with Tomatoes &amp; Onions Scalloped Potatoes Honey Glazed Carrots Strawberry Mousse Whole Wheat Dinner Roll</p>	<p><b>20</b></p> <p>Turkey &amp; Provolone Sandwich on a Whole Wheat Roll Chicken Rice Soup with Crackers Mandarin Oranges</p>
<p><b>23</b></p> <p>Chicken Tenders with Honey Mustard Dipping Sauce AuGratin Potatoes California Vegetables Chocolate Pudding</p>	<p><b>24</b></p> <p>Spaghetti &amp; Meatballs Italian Blend Vegetables Applesauce Italian Bread</p>	<p><b>25</b></p> <p>Ham &amp; Cheese Sandwich on a Whole Wheat Roll Vegetable Barley Soup with Crackers Mandarin Oranges</p>	<p><b>26</b></p> <p>Honey Mustard Chicken Tater Tots Steamed Broccoli Florets Fruit Cocktail Whole Wheat Dinner Roll</p>	<p><b>27</b></p> <p>Egg Salad on a Whole Wheat Roll Broccoli Cheddar Soup Orange Juice</p>
<p><b>30</b></p> <p>Chicken &amp; Broccoli Alfredo Maple Dill Carrots Roasted Parmesan Cauliflower Diced Peaches Whole Wheat Dinner Roll</p>				