



April 2025 Menus

Meals Prepared by: Blair Senior Services, Inc. Registered Dietician: Teri Henry, RDN, LDN

SERVICES			Registered Dietician: Teri Henry, RDN, LDN		
Monday	Tuesday	Wednesday	Thursday	Friday	
	Meatball Hoagie Key West Vegetables Mandarin Oranges Sugar Cookie	Baked Chicken with Gravy Mashed Potatoes French Cut Green Beans Applesauce Whole Wheat Dinner Roll	Roast Beef with Gravy Loaded Baked Potato California Blend Vegetables Pears in Strawberry Gelatin	Macaroni & Cheese Stewed Tomatoes Monte Carlo Vegetables Mandarin Mousse	
7 BBQ Ham Sandwich French Fries Key West Vegetables Fruit Cocktail Vanilla Pudding	Swedish Meatballs with Gravy Scalloped Potatoes Maple Dill Carrots Mixed Berry Blend	Cheese Omelet Sausage Patty Biscuit with Sausage Gravy Hash Brown Patty Orange Juice	Scalloped Chicken Mashed Potatoes with Gravy Monte Carlo Vegetables Applesauce Whole Wheat Dinner Roll	Grilled Cheese Sandwich Tomato Soup with Crackers Mandarin Orange Vanilla Greek Yogurt Parfait	
Beef Stew Biscuit French Cut Green Beans Golden Fruit Parfait Oatmeal Raisin Cookie	Turkey with Gravy Stuffing Honey Glazed Carrots Strawberry Mousse Cranberry Juice	Baked Fish Macaroni & Cheese Stewed Tomatoes Mandarin Oranges Whole Wheat Dinner Roll	Baked Ham Mashed Sweet Potatoes Steamed Broccoli Florets Diced Peaches Chocolate Cake with Whipped Topping	AGENCY CLOSED GOOD FRIDAY	
Meatloaf with Gravy Mashed Potatoes Roasted Parmesan Cauliflower Fruit Cocktail Whole Wheat Dinner Roll	Chef Salad with Ranch Dressing Diced Peaches Whole Wheat Dinner Roll	Hot Dog on a Whole Wheat Roll Baked Beans Corn White Cake with Strawberries & Whipped Topping	Chicken Cacciatore Rotini Pasta with Marinara Sauce Italian Blend Vegetables Mandarin Oranges Chocolate Pudding	Breaded Fish Filet French Fries Steamed Broccoli Florets Oatmeal Cookie Pears in Cherry Gelatin	
Italian Sausage Sandwich with Peppers & Onions Potato Broccoli Soup with Crackers Mixed Berry Blend Sugar Cookie	Roast Pork with Gravy Mashed Potatoes Sauerkraut Apple Juice Vanilla Pudding	Breaded Chicken Patty Sandwich Beef Vegetable Soup with Crackers Golden Fruit Parfait			