



December 2024 Menus

Milk and beverages served daily.

Meals Prepared by: Blair Senior Services, Inc.
Registered Dietician: Teri Henry, RDN, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Hamburger on Whole Wheat Roll French Fries Mixed Vegetables Golden Fruit Parfait</p>	<p>3</p> <p>Chicken Cacciatore Shell Pasta with Marinara Sauce Tossed Salad with Red Wine Vinaigrette Mandarin Mousse</p>	<p>4</p> <p>Baked Ham Mashed Sweet Potatoes Steamed Broccoli Florets Fruit Cocktail Chocolate Pudding Whole Wheat Dinner Roll</p>	<p>5</p> <p>Beef Stew with a Biscuit French Cut Green Beans White Cake with Strawberries & Whipped Topping</p>	<p>6</p> <p>Macaroni & Cheese Stewed Tomatoes Monte Carlo Vegetables Diced Peaches Chocolate Chip Cookie</p>
<p>9</p> <p>Grilled Chicken Salad with Ranch Dressing French Fries Pears in Lime Gelatin Whole Wheat Roll</p>	<p>10</p> <p>Tacos Mexicorn Mandarin Mousse</p>	<p>11</p> <p>Baked Fish AuGratin Potatoes Monte Carlo Vegetables Mixed Berry Blend Chocolate Cake with Whipped Topping</p>	<p>12</p> <p>Cabbage Roll with Tomato Sauce Mashed Potatoes Honey Glazed Carrots Golden Fruit Parfait Chocolate Chip Cookie</p>	<p>13</p> <p>Hot Dog on a Whole Wheat Bun Chili Corn Chips Mandarin Oranges</p>
<p>16</p> <p>Philly Cheese Steak Sandwich French Fries French Cut Green Beans Diced Peaches</p>	<p>17</p> <p>Stuffed Shells with Marinara Sauce Italian Vegetable Blend Triple Berry Blend Vanilla Pudding</p>	<p>18</p> <p>Chicken Marsala Scalloped Potatoes Steamed Broccoli Florets Whole Wheat Roll White Cake with Strawberries & Whipped Topping</p>	<p>19</p> <p>Roast Pork with Gravy Stuffing Sweet Potato Souffle Monte Carlo Vegetables Mandarin Oranges</p>	<p>20</p> <p>Stuffed Pepper with Tomato Sauce Mashed Potatoes Mixed Vegetables Pears in Cherry Gelatin Chocolate Pudding</p>
<p>23</p> <p>Ham with Pineapple Sauce Sweet Potato Souffle Green Bean Casserole Mandarin Oranges Christmas Sugar Cookie</p>	<p>24</p> <p>Meatball Hoagie on a Roll Key West Vegetables Golden Fruit Parfait</p>	<p>25</p> <p>AGENCY CLOSED CHRISTMAS DAY</p>	<p>26</p> <p>Salisbury Steak Mashed Potatoes with Gravy Steamed Broccoli Florets Diced Peaches Vanilla Pudding Whole Wheat Dinner Roll</p>	<p>27</p> <p>Cheese Pizza Tossed Salad with Red Wine Vinaigrette Strawberry Mousse</p>
<p>30</p> <p>Sloppy Joe on a Whole Wheat Roll French Fries French Cut Green Beans Orange</p>	<p>31</p> <p>Pork & Sauerkraut Whipped Potatoes with Gravy Apple Juice Confetti Cake</p>			