

September 2024 Menu

Milk and beverages served daily.

Meals Prepared by: Blair Senior Services, Inc.
Registered Dietician: Teri Henry, RDN, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY AGENCY CLOSED <p style="text-align: right;">2</p>	BBQ Chicken Potato Salad Cantaloupe Cubes Whole Wheat Roll Brownie Bites <p style="text-align: right;">3</p>	Chicken Marsala Scalloped Potatoes Broccoli Florets Chocolate Cake with Whipped Topping <p style="text-align: right;">4</p>	Cheese Pizza Tossed salad with Red wine Vinaigrette Strawberry Mousse <p style="text-align: right;">5</p>	BBQ Rib Patty Sandwich Baked Beans Mandarin Oranges <p style="text-align: right;">6</p>
Philly Cheese Steak Sandwich French Fries Broccoli Florets Diced Peaches <p style="text-align: right;">9</p>	Chef Salad Whole Wheat Roll Golden Fruit Parfait <p style="text-align: right;">10</p>	Chicken Verona Small Shell Pasta with Marinara Sauce Tossed Salad with Red Wine Vinaigrette Mandarin Mousse <p style="text-align: right;">11</p>	Ham & Cheese Hoagie Potato Chips Cantaloupe Cubes <p style="text-align: right;">12</p>	Baked Fish AuGratin Potatoes Roasted Brussels Sprouts Mixed Berry Blend Chocolate Chip Cookie <p style="text-align: right;">13</p>
Roast Turkey with Gravy Mashed Potatoes Stuffing French Cut Green Beans Cranberry Apple Juice <p style="text-align: right;">16</p>	Chili Loaded Baked Potato Broccoli Florets Pears in Cherry Jello <p style="text-align: right;">17</p>	Cheeseburger on Whole Wheat Roll Potato Salad Cantaloupe Cubes <p style="text-align: right;">18</p>	Cabbage Roll with Tomato Sauce Mashed Potatoes Mixed Vegetables Chocolate Pudding <p style="text-align: right;">19</p>	Italian Sausage Sandwich with Peppers & Onions Tater Tots Mandarin Oranges <p style="text-align: right;">20</p>
Chicken Tenders with Honey Mustard Dipping Sauce Scalloped Potatoes Broccoli Florets Diced Peaches Sugar Cookie <p style="text-align: right;">23</p>	Taco Salad Tortilla Chips Watermelon Cubes <p style="text-align: right;">24</p>	Baked Fish Macaroni & Cheese Stewed Tomatoes White Cake with Strawberries & Whipped Topping <p style="text-align: right;">25</p>	Baked Chicken with Gravy Mashed Potatoes Roasted Brussels Sprouts Whole Wheat Roll Sherbet <p style="text-align: right;">26</p>	Grilled Cheese Sandwich Tomato Soup with Crackers Mandarin Oranges <p style="text-align: right;">27</p>
Ham Balls AuGratin Potatoes Broccoli Florets Whole Wheat Roll Pears in Lime Jello Brownie Bites <p style="text-align: right;">30</p>				